

Allergic Reaction

Some people are allergic to certain foods, chemicals, medications and venoms following a sting. An allergic reaction can be severe and can be fatal within a matter of minutes if prompt medical treatment is not available. Most sufferers of anaphylaxis have an Anaphylaxis Action Plan and medication.

Are the following signs or symptoms present?

MILD TO MODERATE ALLERGIC REACTION

- ▶ Swelling of lips, face and eyes
- ▶ Hives or welts
- ▶ Abdominal pain, vomiting



- ▶ Stay with casualty
- ▶ Give medications (if prescribed)



WATCH FOR SIGNS OF ANAPHYLAXIS



SEVERE ALLERGIC REACTION (ANAPHYLAXIS)

- ▶ Difficulty/noisy breathing
- ▶ Swelling of tongue
- ▶ Swelling/tightness in throat
- ▶ Difficulty talking and/or hoarse voice
- ▶ Wheeze or persistent cough
- ▶ Loss of consciousness and/or collapse
- ▶ Pale and floppy (young children)



CALL AMBULANCE 000



- ▶ Locate Anaphylaxis Action Plan
- ▶ Administer Auto-Injector **AS PRESCRIBED**

OBSERVE: Airway & Breathing

First aid saves lives.
 Individual and group bookings available.
1300 367 428 | redcross.edu.au

These guidelines do not replace first aid training.
 Red Cross recommends that everyone is trained in first aid.
 This information is accurate as of July 2015.

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TRAINING SERVICES