



# Community-led Resilience Teams

## A Red Cross REDICommunities initiative

Red Cross volunteers developed the Community-led Resilience Team (CRT) model following flooding from TC Debbie in 2017. CRTs are networks of neighbours who plan and train together to improve preparedness for emergency events like fires, floods and other emergencies. Red Cross supports community members to improve their own household preparedness as well as to work alongside other residents to raise awareness of local disaster risks, share skills and information. Community members become CRT leaders and street coordinators and work with Red Cross to plan activities for their communities. A local communication network is formed so that residents can share information before, during and after emergency events. Training can be delivered in partnership with other emergency services depending on community needs.

### Activities that can be offered by Red Cross include:

- CRT training, including introduction to emergency management arrangements and mapping local disaster risks
- First Aid training
- EmergencyREDI household preparedness training
- Tales as Old as Time community connection events
- Understanding Psychological First Aid
- Recovery Basics and wellbeing workshops
- Pillowcase preparedness for primary-school aged children
- Community engagement events eg emergency communications training, Get Ready days etc



**Approx. Timeframe:**  
6 months+

**More information:**  
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