

Name: _____

Suburb: _____

Delivery Date: _____

| MAIN MEALS \$7.80 Farm Door | |
|------------------------------------------------------|--|
| Baked Fish Fillet with Lemon Butter | |
| Beef Lasagne | |
| Beef Mince with Mash (GF) | |
| Beef Bourguignon | |
| Beef Spaghetti Bolognaise | |
| Chicken & Mushroom Casserole | |
| Curried Sausages | |
| Grilled Fish Fillet with White Wine Sauce | |
| Lebanese Chicken (GF) | |
| Pan Grilled Chicken Breast with Mustard Sauce | |
| Quiche with Bacon, Cheese & Spinach | |
| Sweet & Sour Pork (GF) (DF) | |
| Vegetable Curry with Eggplant & Potato (GF) (V) (DF) | |
| Vegetable Lasagne (V) | |
| MAIN MEALS \$8.90 Farm Door | |
| Lamb Shanks (GF) | |
| Pulled Pork with Potato Gratin (GF) | |
| Roast Beef (GF) (DF) | |
| Roast Lamb (GF) (DF) | |
| Roast Pork (GF) (DF) | |
| Roast Turkey (GF) (DF) | |
| Roast Chicken w/ Gravy (GF) (DF) | |
| MAIN MEALS \$9.50 Farm Door | |
| Barramundi with Ginger, Lime & Shallot butter (GF) | |
| King Prawns with Garlic Sauce | |

| MAIN MEALS \$7.80 Farm Door | |
|-------------------------------------|--|
| Shepherd Pie (GF) | |
| Beef Stroganoff w/ Macaroni | |
| Indian Butter Chicken | |
| Chicken Parmigiana w/ Mashed Potato | |
| Chicken Schnitzel | |
| Crumbed Fish w/ Potato Wedges | |
| Chicken Honey Curry w/ Rice | |
| Beef Rissoles | |
| Grilled Sausages with Gravy | |
| Silverside | |
| Lamb Fry w/ Bacon & Gravy | |
| MAIN MEALS \$ 7.80 BATHURST | |
| Beef Cottage Pie (GF) | |
| Steak and Kidney Pie | |
| Salmon & Vegetable Patties | |
| Vegetable Quiche (V) | |
| MAIN MEALS \$ 8.20 BATHURST | |
| Vegetable Patties- Crumbed (GF) (V) | |

| PUREED MEALS \$8.20 BATHURST | |
|---------------------------------------------|--|
| Pureed Cheesy Tuna Pasta Bake | |
| Pureed Cottage Pie (GF) | |
| Pureed Grilled Sausages w/ Onion Gravy (GF) | |
| Pureed Rissoles w/ Gravy (GF) | |
| SNACK MEALS \$4.50 Farm Door | |
| Chicken Fried Rice (GF) (DF) | |
| Spirali Bolognaise | |
| PETITE MEALS \$5.90 Farm Door | |
| Apricot Chicken with Mash Potato | |
| Beef Bourguignon | |
| Beef Lasagne | |
| Beef Mince with Mash (GF) | |
| Chicken Honey Curry with Rice & Veg (DF) | |
| Curried Prawns with Rice & Veg (DF) | |
| Sausages with Mash & Gravy | |
| Shepherd's Pie (GF) | |
| Sweet & Sour Pork with Rice (GF) (DF) | |
| Tuna Mornay with Mash Potato & Veg | |
| PETITE MEALS \$6.20 Farm Door | |
| Battered Fish with Potato Wedges | |
| PETITE MEALS \$6.80 Farm Door | |
| Roast Lamb (GF) (DF) | |
| Roast Pork (GF) (DF) | |

| SOUPS \$4.00 Farm Door | |
|---------------------------------------------|--|
| Thai Roast Sweet Potato Soup (V) (Bathurst) | |
| Beef & Vegetable (GF) (DF) | |
| Chicken & Vegetable (GF) (DF) | |
| Creamy Pumpkin & Cinnamon (GF)(V) | |
| Leek & Potato (GF) | |
| Minestrone (GF) (DF) | |
| Pea & Ham (GF) (DF) | |
| BREAKFAST see prices below | |
| Ham & Cheese Croissant \$6.00 | |
| LOGLIFE Milk \$2.35 | |
| Full Cream UHT 1 litre | |
| Skim UHT 1 litre | |
| FRUIT JUICE \$2.45 | |
| Orange | |
| Apple | |

If we are out of stock of any meals ordered, we will double up with another meal selected on the menu.

| | |
|----------------------|--|
| NO SUBSTITUTE | |
| DOUBLE UP | |

Gluten Free (GF) Vegetarian (V) Dairy Free (DF)

Address: 27 Mulley Street Holder ACT 2611

Phone: 02 6285 8420

Email: actmow@redcross.org.au

Opening Hours: Monday-Thursday 9.00am-3.00pm

Friday 9.00am-3.00pm

| DESSERTS \$4.30 Farm Door | |
|------------------------------------------|--|
| Pudding - Bread & Butter | |
| Mousse- Chocolate (GF) | |
| Stewed Rhubarb & Apple Custard | |
| Apple Crumble w/ Custard | |
| Fruit Salad Frozen (GF) (DF) | |
| Rice Pudding | |
| Custard w/ Peaches | |
| Chocolate Mud Cake (GF) | |
| Lemon Cheesecake | |
| Lemon Pudding with Custard | |
| Plum Pudding with Brandy Cream Custard | |
| Sticky Date Pudding & Butterscotch Sauce | |
| Strawberry Pavlova w/ Fresh Cream (GF) | |
| DESSERTS \$4.00 Bathurst | |
| Apple Pie w/ Cream | |
| Apricot Crumble w/ Custard | |
| Caramel Custard Tart & Cream | |
| Chocolate Steamed Pudding & Custard | |
| Creamy Rice w/ Rhubarb (GF) | |
| Raspberry Cheesecake | |
| Apple & Rhubarb Brown Betty & Custard | |



Australian Red Cross
THE POWER OF HUMANITY



Frozen Food Menu

April 2025