

COVID-19

lio ah nuam te'n le
ruahchannak he
umnak lam pawl



the
power of
humanity



Nan inn chungah zeibantuk thinphannak lei hmelchunhnak dah a um kha hngal. Thinphannak a can tikah zorter dingin tuah dingmi thil pawl cazin kha tial.



Hmuh ning kha chiah khawh i zuam. Na nunnak ah tihnunnak pawl le thihpheihnak pawl na hmuhton men ko lai. Atu lio ahcun, na thing khawhmi thil pawl cungah lungthin chiah ding kha a tha.



Thawngpaang caah zumh awktlak hrihhram ngei kha zoh. A hnuvik thilcang pawl cungah thanh lengmangmi ngah dingah ni chiarte caan la.



A ngandammi nun ning in um peng. Tha tein ei law it. Ni fatin eksisai tuah law nitlang to.



Kaa lawm timi chim dingah caan la ta. Siisaya/ma pawl le siibawi pawl, dawr ngan pipi i riantuantu pawl, atu lio i rawlzuarnak le inn ah chanhnak a tuahtu phu le hmaisuang i riantuantu dang pawl sin ah i lawm.

Thawngthanhmi tamdeuh? Takpum ihlatnak tuah lio ah na thinlung lei damnak ngeih peng dingin tuah ning kongkau ah a takin tuah dingmi pawl tam deuh hmuhnak caah redcross.org.au/covid-19 ah zoh