

COVID-19 Information Sheet – Australian Capital Territory (ACT)

Disclaimer: The information below should not be considered an exhaustive list and service delivery may change. Please contact organisations and services directly for the most up to date information and to enquire further about eligibility. Red Cross does not determine eligibility for the third party services listed.

Australian Government Updates

Economic support: For information on the Australian Government's economic response to the coronavirus visit the [Treasury webpage](#).

In addition to the financial support available through Australian Red Cross, people in Australia living on temporary visas may be eligible for additional support through state government funds, tertiary education institutions, or other community organisations.

Emergency relief: Information on [emergency relief assistance](#) or support available for those affected by coronavirus is available on the [Department of Social Services \(DSS\) website](#).

The website also contains detailed information on Covid-19 economic support measures including [economic support payments](#) and [special benefits payments](#).

A list of DSS funded emergency relief providers is below.

Health support: With the relaxing of restrictions, and opening of state and some international borders, Australian governments are encouraging everyone to remain COVID safe. [The Department of Health website](#) reports on the latest case numbers across the country, provides official medical advice and information for the treatment of COVID-19. Some practical tips to keep yourself and others safe includes:

Physical distancing

- When and where possible, remain 1.5 metres away from other people.
- Avoid physical greetings such as handshaking, hugs and kisses.
- Take extra care if you are using [public transport](#).
- Avoid crowds and large public gatherings.
- Wear a mask when in public.

Workplaces & schools

- Follow the recommended government [health and hygiene advice](#).
- Avoid non-essential face to face meetings.
- Provide alcohol-based hand rub for all staff.
- Eat lunch at your desk or outside rather than in the lunchroom.
- Regularly clean and disinfect surfaces that many people touch
- Open windows or adjust air conditioning for more ventilation
- Stay at home if you are feeling unwell.

Working in Australia: All workers in Australia have the same rights and protections, regardless of citizenship or visa status. Your employer must comply with Australian workplace and immigration laws, including their obligation to:

- Pay you the correct pay rate for all time worked
- Provide a safe workplace.
- For information on [working](#) in Australia visit the [Home Affairs website](#).

The [Fair Work Ombudsman](#) provides education, assistance, advice and guidance to employers and employees, and can inquire into and investigate breaches of the Fair Work Act.

Additionally, the Australian Red Cross' [Support for Trafficked People Program](#) provides assistance for people who have experienced forced labour, human trafficking, labour exploitation and forced marriage. For more information, [visit the website here](#).

DSS emergency relief providers

Belconnen

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

Canberra East

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

Gungahlin

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

North Canberra

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

South Canberra

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901

- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

Tuggeranong

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6293 3262
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

Urriarra – Namadgi

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

Weston Creek

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100

Woden Valley

- [YWCA Canberra](#) (02) 6185 2000
- The Salvation Army (02) 6254 8901
- St Vincent De Paul Society (02) 6282 2722
- [Migrant & Refugee Settlement](#) Australia Inc. (02) 6248 8577
- [Communities @ Work](#) (02) 6293 6500
- Anglicare NSW & ACT (02) 6245 7100