



## WHAT TO BRING

- **Prior Learning Certification – Refresher Courses**

The Australian Resuscitation Council recommends that:

- Provide CPR is refreshed annually
- Provide First Aid is refreshed every three (3) years

Our refresher courses are a condensed format based on the assumption that learners already have an understanding of the content having recently completed these units.

With that in mind, we need to verify your previously completed course. If you previously studied with a provider other than Red Cross, please email a copy of your certificate to [learn@redcross.org.au](mailto:learn@redcross.org.au) at least 7 days prior to your course commencement or bring a copy with you on the day.

- **Practical Assessment Courses - Online Learning requirement**

If your course involves online learning, we recommend allowing 2-4 hours to complete this prior to attending your practical assessment. You can save your progress and complete the online learning in multiple sessions and at your own pace.

★**Important**★ **The certificate must be in your name.** If you were issued generic log in details, you will need to change your username in the account settings prior to printing. This name must be your legal name and the same as the name you used to enrol.

- **Smart Device, Pen & Paper**

For accredited courses, **you will need your own smart device such as smart phone, tablet or laptop** to complete an online multiple-choice quiz as part of your assessment. Your device needs to have mobile data and be sure to fully charge your device prior to your course. We anticipate minimal data will be used and make Wi-Fi available to you where our venues allow. Please bring a pen and paper should you wish to take your own notes.

- **Comfortable Clothes & Towel**

First aid courses contain practical demonstrations and activities (including CPR demonstration on the floor) - it is advisable to wear **appropriate** clothing such as jeans, shorts and closed in shoes. For first aid and CPR courses please bring a towel (i.e. beach towel or similar). This will be used to support your knees and as part of the CPR demonstration for the floor. Our venues are temperature controlled – if you feel the cold, we recommend you bring a jacket.