

COVID-19 Information Sheet – Victoria (VIC)

Disclaimer: The information below should not be considered an exhaustive list and service delivery may change. Please contact organisations and services directly for the most up to date information and to enquire further about eligibility. Red Cross does not determine eligibility for the third party services listed.

Australian Government Updates

Economic support: For information on the Australian Government's economic response to the coronavirus visit the [Treasury webpage](#).

In addition to the financial support available through Australian Red Cross, people in Australia living on temporary visas may be eligible for additional support through state government funds, tertiary education institutions, or other community organisations.

Emergency relief: Information on [emergency relief assistance](#) or support available for those affected by coronavirus is available on the [Department of Social Services \(DSS\) website](#).

The website also contains detailed information on Covid-19 economic support measures including [economic support payments](#) and [special benefits payments](#).

A list of DSS funded emergency relief providers is below.

Health support: With the relaxing of restrictions, and opening of state and some international borders, Australian governments are encouraging everyone to remain COVID safe. [The Department of Health website](#) reports on the latest case numbers across the country, provides official medical advice and information for the treatment of COVID-19. Some practical tips to keep yourself and others safe includes:

Physical distancing

- When and where possible, remain 1.5 metres away from other people.
- Avoid physical greetings such as handshaking, hugs and kisses.
- Take extra care if you are using [public transport](#).
- Avoid crowds and large public gatherings.
- Wear a mask when in public.

Workplaces & schools

- Follow the recommended government [health and hygiene advice](#).
- Avoid non-essential face to face meetings.
- Provide alcohol-based hand rub for all staff.
- Eat lunch at your desk or outside rather than in the lunchroom.
- Regularly clean and disinfect surfaces that many people touch
- Open windows or adjust air conditioning for more ventilation
- Stay at home if you are feeling unwell.

Working in Australia: All workers in Australia have the same rights and protections, regardless of citizenship or visa status. Your employer must comply with Australian workplace and immigration laws, including their obligation to:

- Pay you the correct pay rate for all time worked
- Provide a safe workplace.
- For information on [working](#) in Australia visit the [Home Affairs website](#).

The [Fair Work Ombudsman](#) provides education, assistance, advice and guidance to employers and employees, and can inquire into and investigate breaches of the Fair Work Act.

Additionally, the Australian Red Cross' [Support for Trafficked People Program](#) provides assistance for people who have experienced forced labour, human trafficking, labour exploitation and forced marriage. For more information, [visit the website here](#).

DSS emergency relief providers

Banyule

- Uniting (03) 9192 8100
- The Salvation Army - Preston (03) 9478 0694
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support
- Banyule Community Health (03) 9450 2000
- [Australian Multicultural Community Services](#) (03) 9689 9170
- Anglicare 1800 809 722

Bayside

- The Salvation Army – Bentleigh (03) 9557 2644
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support

Brunswick – Coburg

- Vincent Care (03) 9611 9200
 - [Support Line – 1800 825 955](#)
- Uniting (03) 9192 8100
- The Salvation Army – Moreland (03) 9353 1086
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support
- CatholicCare (03) 9287 5555
- [Australian Multicultural Community Services](#) (03) 9689 9170
- Anglicare 1800 809 722

Casey – Cardinia

- Uniting (03) 9192 8100
- The Salvation Army – Berwick (03) 9704 1940
- The Salvation Army – Cranbourne (03) 5995 1433
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955

- [Dandenong Ranges Emergency Relief Service](#) (03) 9754 7777
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support
- [Casey North Community Information & Support Services](#) (03) 9705 6699
- Anglicare 1800 809 722

Dandenong

- Uniting (03) 9192 8100
- The Salvation Army – Dandenong (03) 9794 3500
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [Dandenong Ranges Emergency Relief Service](#) (03) 9754 7777
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support
- [Casey North Community Information & Support Services](#) (03) 9705 6699
- Anglicare 1800 809 722

Geelong

- The Salvation Army – Geelong (03) 5223 9200
- Have Home Safe – Geelong (03) 5246 8900
- CatholicCare (03) 9287 5555
- [Bethany Community Support](#) 1300 655 598

Glen Eira

- The Salvation Army- Glen Waverley (03) 9803 2587
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support

Knox – Manningham

- Uniting (03) 9192 8100
- The Salvation Army – Ferntree Gully (03) 9752 2682
- [LINC](#) Yarra Valley (03) 5967 2119
- HICCI Healesville & Yarra Glen (03) 5911 6000
 - [Emergency relief & counselling](#)
- Glen Park Community Centre (03) 9720 5097
 - [Emergency food relief](#)
- [Dandenong Ranges Emergency Relief Service](#) (03) 9754 7777
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support

Melbourne

- Vincent Care Ozanam House (03) 8327 7500
 - Housing support
- The Salvation Army – CBD (03) 9653 3299
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support
- CatholicCare (03) 9287 5555
- [Australian Multicultural Community Services](#) (03) 9689 9170
- Anglicare 1800 809 722

Monash

- Uniting (03) 9192 8100
- The Salvation Army – Dandenong (03) 9794 3500
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [Dandenong Ranges Emergency Relief Service](#) (03) 9754 7777
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support
- [Casey North Community Information & Support Services](#) (03) 9705 6699
- Anglicare 1800 809 722

Port Philip

- Vincent Care (03) 9611 9200
- Uniting (03) 9192 8100
- The Salvation Army – St Kilda (03) 9536 7777
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support
- CatholicCare (03) 9287 5555
- [Australian Multicultural Community Services](#) (03) 9689 9170
- Anglicare 1800 809 722

Stonnington

- Vincent Care (03) 9611 9200
- Uniting (03) 9192 8100
- The Salvation Army – St Kilda (03) 9536 7777
- Sacred Heart Mission (03) 9537 1166
- Launch Housing 1800 825 955
- [CIS Vic](#) (03) 9672 2000

- Food relief, vouchers and utility support
- CatholicCare (03) 9287 5555
- [Australian Multicultural Community Services](#) (03) 9689 9170
- Anglicare 1800 809 722

Whitehorse

- Uniting (03) 9192 8100
- The Salvation Army – Box Hill (03) 9890 2993
- The Salvation Army – Mitcham (03) 9873 4822
- [LINC](#) Yarra Valley (03) 5967 2119
- HICCI Healesville & Yarra Glen (03) 5911 6000
 - [Emergency relief & counselling](#)
- Glen Park Community Centre (03) 9720 5097
 - [Emergency food relief](#)
- [Dandenong Ranges Emergency Relief Service](#) (03) 9754 7777
- [CIS Vic](#) (03) 9672 2000
 - Food relief, vouchers and utility support