

COVID-19 Information Sheet – New South Wales (NSW)

Disclaimer: The information below should not be considered an exhaustive list and service delivery may change. Please contact organisations and services directly for the most up to date information and to enquire further about eligibility. Red Cross does not determine eligibility for the third party services listed.

Australian Government Updates

Economic support: For information on the Australian Government's economic response to the coronavirus visit the [Treasury webpage](#).

In addition to the financial support available through Australian Red Cross, people in Australia living on temporary visas may be eligible for additional support through state government funds, tertiary education institutions, or other community organisations.

Emergency relief: Information on [emergency relief assistance](#) or support available for those affected by coronavirus is available on the [Department of Social Services \(DSS\) website](#).

The website also contains detailed information on Covid-19 economic support measures including [economic support payments](#) and [special benefits payments](#).

A list of DSS funded emergency relief providers is below.

Health support: With the relaxing of restrictions, and opening of state and some international borders, Australian governments are encouraging everyone to remain COVID safe. [The Department of Health website](#) reports on the latest case numbers across the country, provides official medical advice and information for the treatment of COVID-19. Some practical tips to keep yourself and others safe includes:

Physical distancing

- When and where possible, remain 1.5 metres away from other people.
- Avoid physical greetings such as handshaking, hugs and kisses.
- Take extra care if you are using [public transport](#).
- Avoid crowds and large public gatherings.
- Wear a mask when in public.

Workplaces & schools

- Follow the recommended government [health and hygiene advice](#).
- Avoid non-essential face to face meetings.
- Provide alcohol-based hand rub for all staff.
- Eat lunch at your desk or outside rather than in the lunchroom.
- Regularly clean and disinfect surfaces that many people touch
- Open windows or adjust air conditioning for more ventilation
- Stay at home if you are feeling unwell.

Working in Australia: All workers in Australia have the same rights and protections, regardless of citizenship or visa status. Your employer must comply with Australian workplace and immigration laws, including their obligation to:

- Pay you the correct pay rate for all time worked
- Provide a safe workplace.
- For information on [working](#) in Australia visit the [Home Affairs website](#).

The [Fair Work Ombudsman](#) provides education, assistance, advice and guidance to employers and employees, and can inquire into and investigate breaches of the Fair Work Act.

Additionally, the Australian Red Cross' [Support for Trafficked People Program](#) provides assistance for people who have experienced forced labour, human trafficking, labour exploitation and forced marriage. For more information, [visit the website here](#).

DSS emergency relief providers

Sydney

- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- Prosper Family Services 0402 787 571
- Mission Australia NSW – Link2Home 1800 152 152
- Anglicare NSW 1300 111 278

Albury

- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12

Bankstown

- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- Prosper Family Services 0402 787 571
- [Padstow](#) Community Care (02) 9772 2299
 - Emergency relief, counselling & NILS
- Mission Australia NSW – Link2Home 1800 152 152
- [Metro Assist](#) (02) 8709 0200
 - Settlement and employment support
- Georges River Life Care (02) 9153 6300
- Bay City Care (02) 8094 1354
 - Food relief and emergency support

Blacktown

- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- Hills Community Aid (02) 9639 8620
 - Family support program
- Prosper Family Services 0402 787 571
- Mission Australia NSW – Link2Home 1800 152 152
- Anglicare NSW 1300 111 278

Campbelltown

- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- Prosper Family Services 0402 787 571
- Focus Connect (02) 4627 1188
 - Disability & Community support
- Anglicare NSW 1300 111 278

Canterbury

- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- Prosper Family Services 0402 787 571
- [Padstow](#) Community Care (02) 9772 2299
 - Emergency relief, counselling & NILS
- Mission Australia NSW – Link2Home 1800 152 152
- [Metro Assist](#) (02) 8709 0200
 - Settlement and employment support
- Georges River Life Care (02) 9153 6300
- Bay City Care (02) 8094 1354
 - Food relief and emergency support

Fairfield

- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- Prosper Family Services 0402 787 571
- Mission Australia NSW – Link2Home 1800 152 152
- Focus Connect (02) 4627 1188
 - Disability & Community support
- CORE Community Services (02) 8707 0600
- Anglicare NSW 1300 111 278

Gosford

- [Wyong Neighbourhood Centre](#) (02) 4353 1750
- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- San Remo Community Centre (02) 4390 7888
 - Neighbourhood Centre w/ [emergency relief](#)
- [Samaritans](#) (02) 4960 7100
 - Disability, family & mental health services
- Catholic Care Diocese of Broken Bay (02) 4320 7700

Griffith

- [Tumut & District](#) Neighbourhood Centre (02) 6947 2893
- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- [Junee Community Centre](#) (02) 6924 2666

Parramatta

- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- Hills Community Aid (02) 9639 8620
 - Family support program
- [St Vincent De Paul Society](#) 13 18 12
- Prosper Family Services 0402 787 571
- [Cumberland Multicultural](#) Community Services (02) 9637 7600
- [CCA](#) Community & Family Support (02) 9858 3222
- Australian Anatolian Community Services (02) 9643 1666
 - [Emergency relief](#) & support for migrants
- Accessible Diversity Services Initiative Limited (02) 8737 5500
 - [Emergency relief](#) & family support

Penrith

- Winmalee Neighbourhood Centre (02) 4754 4050
 - [Emergency food relief](#) & utility assistance
- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- Prosper Family Services 0402 787 571
- Anglicare NSW 1300 111 278

Wagga Wagga

- [Tumut & District](#) Neighbourhood Centre (02) 6947 2893
- The Salvation Army (02) 9212 2322
- [St Vincent De Paul Society](#) 13 18 12
- [Junee Community Centre](#) (02) 6924 2666
- Anglicare NSW 1300 111 278

Wollongong

- [Wesley Mission](#) (02) 9263 5555
- The Salvation Army (02) 9212 2322
- [Southern Youth & Family Services](#) (02) 4221 7700
- Focus Connect (02) 4627 1188
 - Disability & Community support