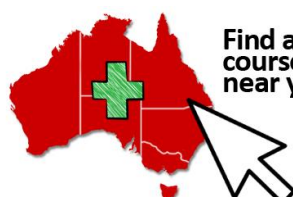


EMERGENCY & FIRST AID MANAGEMENT PLAN

Ambulance, Police or Fire Service	Dial Triple Zero "000"
Closest Medical Centre	<ul style="list-style-type: none"> • Name: • Address: • Phone:
Local General Practitioner	<ul style="list-style-type: none"> • Name: • Address: • Phone:
Poison Information Hotline	13 11 26
Mental Health Support	<ul style="list-style-type: none"> • Kids Helpline: 1800 551 800 • Beyondblue: 1300 224 636 • Headspace: 03 9027 0100 • Lifeline: 13 11 14
Sport Club's Internal Contacts	
First Aid Officer's Name	
Contact Number	
First Aid Officer's Name	
Contact Number	
Sport's Club Coordinator/Manager	<ul style="list-style-type: none"> • Name: • Address: • Phone:
Workplace, Health & Safety Officer (if any)	<ul style="list-style-type: none"> • Name: • Address: • Phone:



DOWNLOAD FREE
Red Cross First Aid App

