

Nangmah pumpak le
midang pawl caah

coronavirus

tthnunnak zorter dingah
fawi tein tuah dingmi pawl



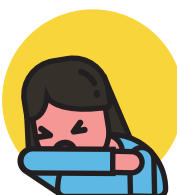
the
power of
humanity



A tlawmbik sekaan 20 chung
chatpiat le ti in **na kut
ittawl lengmang**, asilole
kuttawlnak ca an tuah i
saparit aa telmi ahang kha
hmang.



A dang tein zarh 2 um
na hauh sual ah **na
innchungkhar caah
timtuahnak ngei**.



Na kiu asilole tissue cungah
khuh asilole hachio.
Tissue kha hmunthur bawm
chungah hlonh law na kut kha
rianrang in ittawl.



Na dam ko ahcun,
hmuhrnup (mask) ihruk na
hau lo.



A taklinmi asilole a khuhmi
minung pakhat khat he
naihnam in um kha hrial.



**Lungdai te'n um law
na thinphang hlah**.
Coronavirus a ngeimi tam-u
nih cun zawtnak tlawmpal
lawng an ngei lai.



**Na zawt ahcun inn ah
um ko**. Na taklinh asilole, na
khuh asilole thawchuah naa
harh ahcun nangmah umnak
i na siibawi kha chawn asilole
ruahnak cheuhmi ngahnak ah
1800 020 080 hi chawn.



Kumkhua upa pawl
le zawtnak a ngeimi pawl
caah tthi a nung khun.

Biahal awk a um maw? Coronavirus Ngandamnak lei Thawngthanhnak caah Chawnh
khawh a simi 1800 020 080 kha chawn.
Nangmah holh in a holh khomi holhlettu na hal khawh.